A BETTER SITE FOR BETTER HEALTH

User Guide

GO YOU.

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myCigna.com: KEY FEATURES

MyCigna.com is easy-to-use and provides useful tools and information to help you manage your health.

- Simple navigation
- Built-in search engine
- Mobile access
- Spanish language functionality

- Tools to find and compare doctors and hospitals
- Cigna Care Designation[1]
- Cost comparison estimates based on Cigna historical data

- Interactive medical library with info on hundreds of health topics
- Access to your pharmacy benefits[2]
- Drug price quote tool[2]
- Online prescription refills[2]

1. Indicates doctors in 22 different medical specialties, who we've assessed for certain quality and cost measures.
2. If your plan offers Cigna pharmacy benefits. Features may vary by plan.

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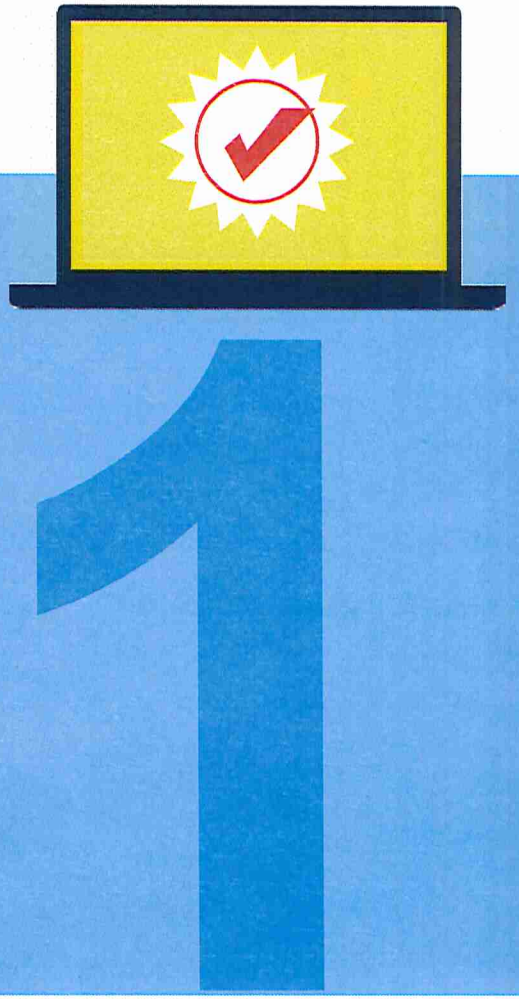
ONE-AND-DONE REGISTRATION



- You will need to register the first time you use the site.
- Login ensures you're accessing the right provider directory – don't forget to bookmark it.
- If you've already registered for myCignaforHealth.com, you will still need to register for myCigna.com. If you already have a myCigna.com login, you do not need to re-register.

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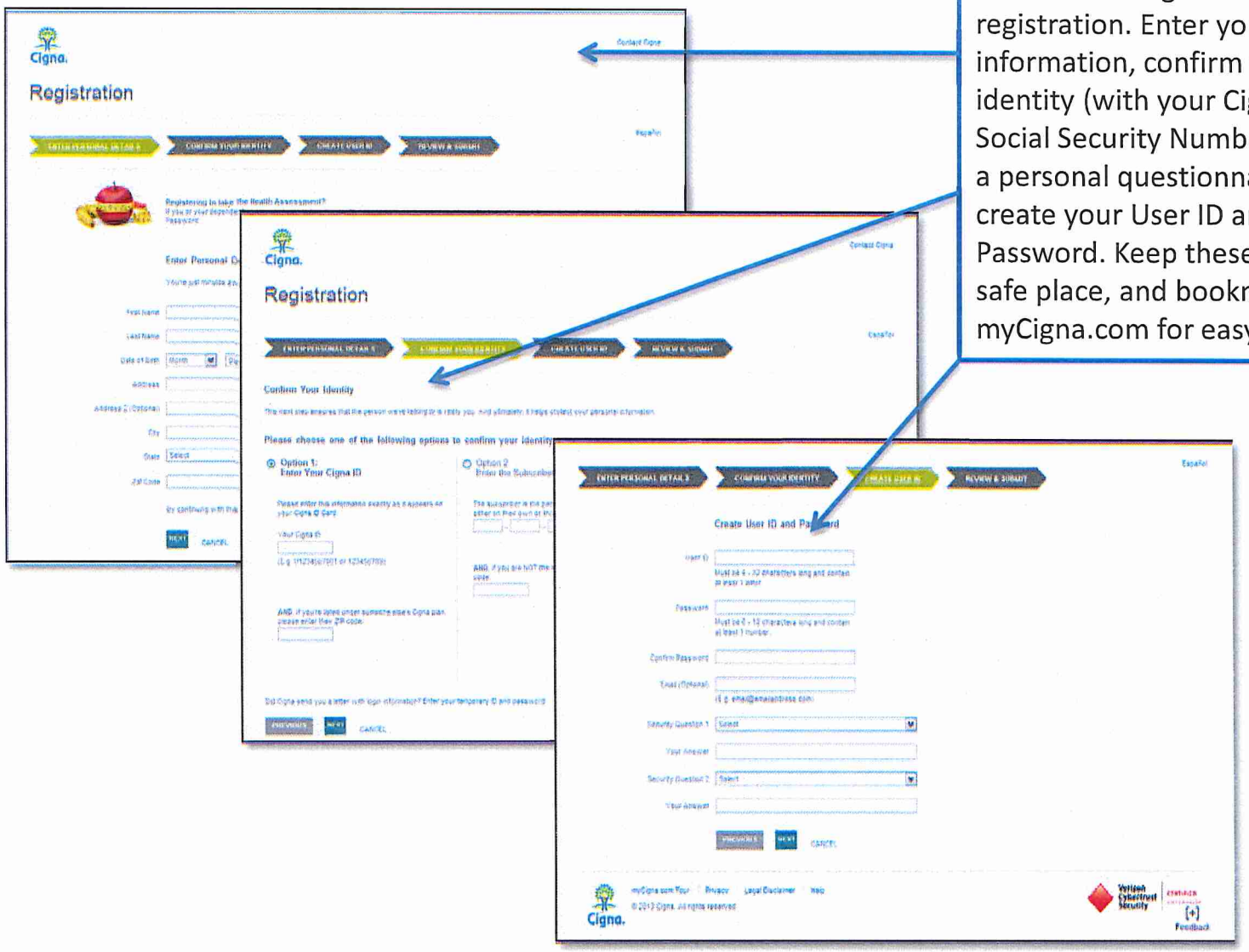
REGISTRATION – It's Easy



The first time you visit, you'll be directed through a simple registration. Enter your personal information, confirm your identity (with your Cigna ID, Social Security Number, or fill out a personal questionnaire), and create your User ID and Password. Keep these in a safe place, and bookmark myCigna.com for easy access.

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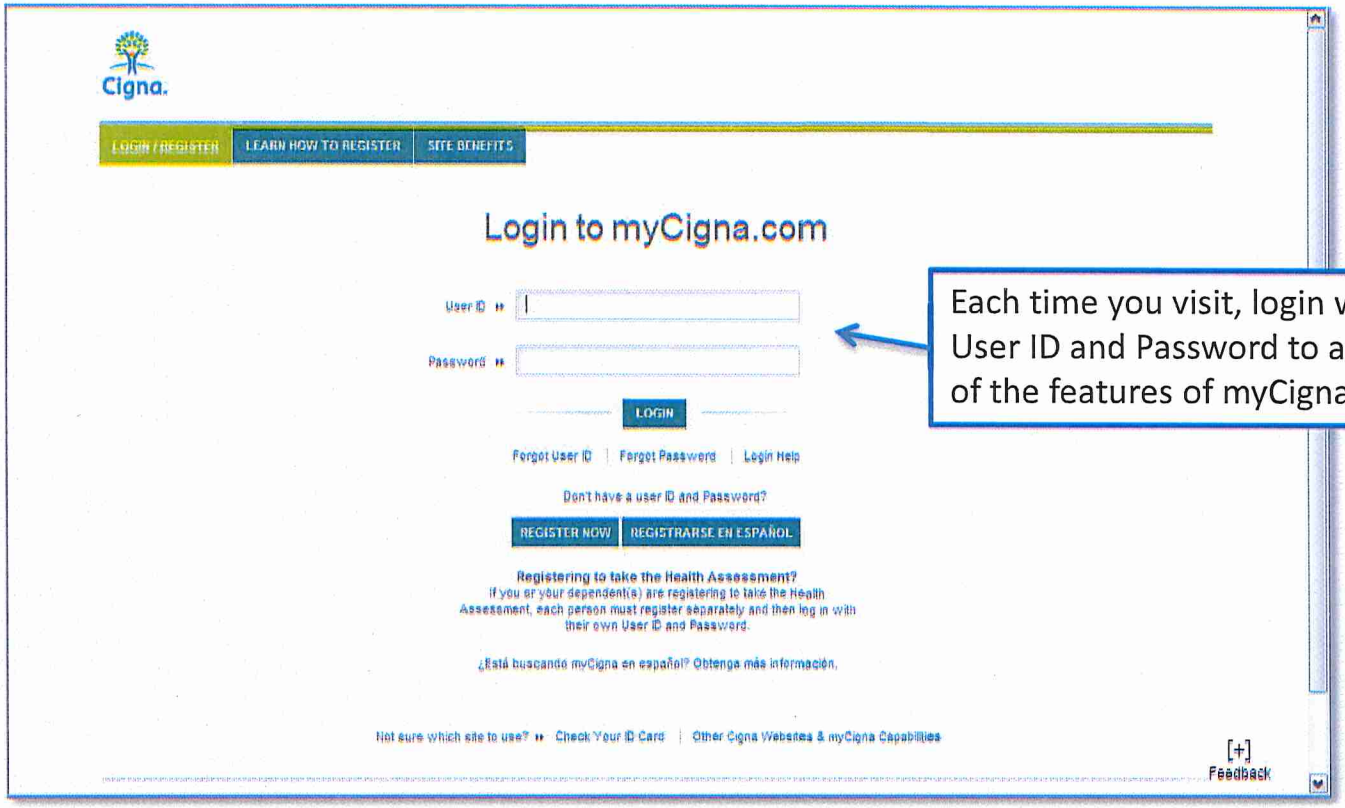
LOGIN EACH TIME YOU VISIT



Each time you visit, login with your User ID and Password to access all of the features of myCigna.com.

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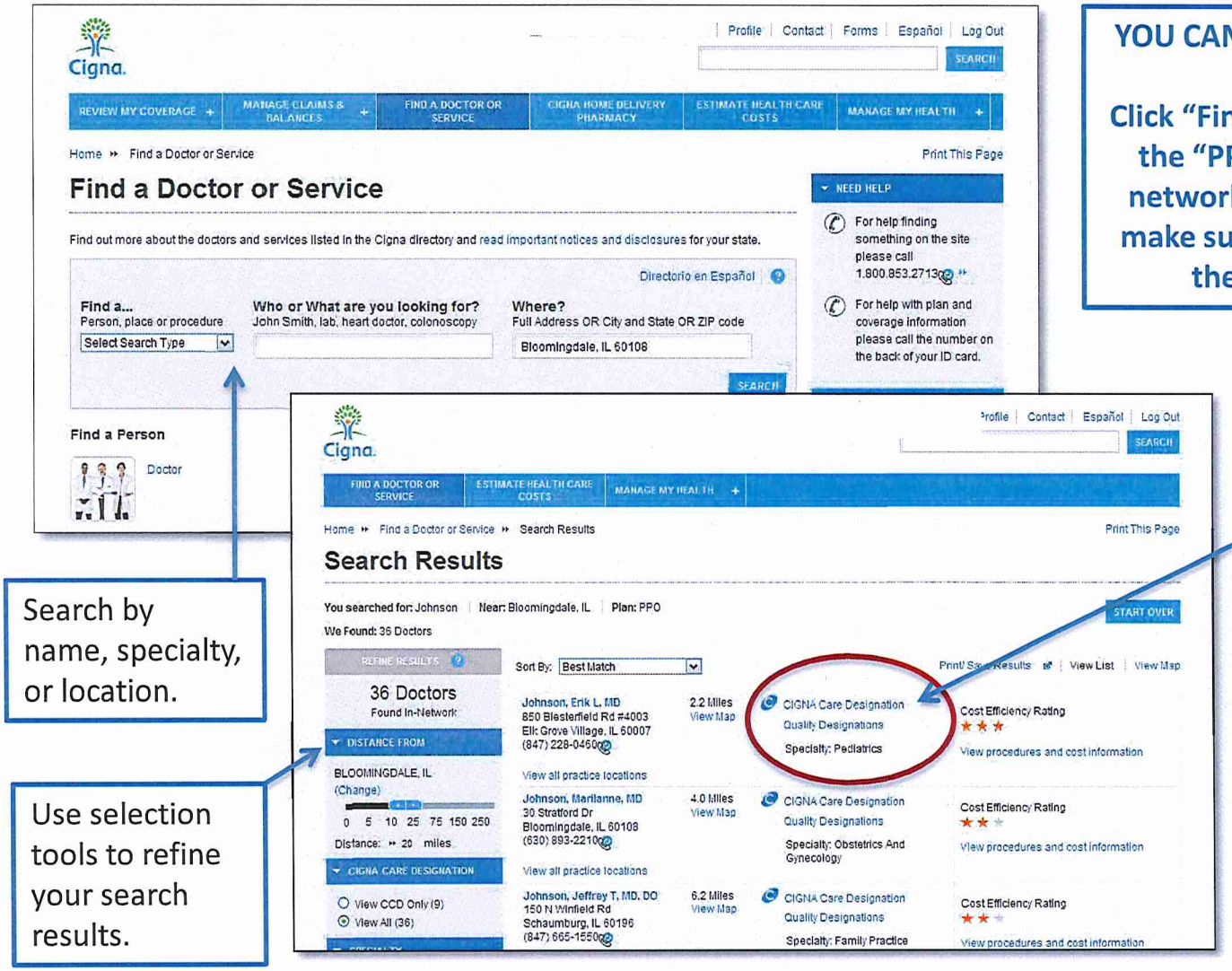
FIND A DOCTOR



YOU CAN ALSO FIND A DOCTOR on Cigna.com. Click "Find a Doctor" then select the "PPO/Choice Fund PPO" network, and click "Select" to make sure you are searching in the correct network.

Search by name, specialty, or location.

Use selection tools to refine your search results.

When searching for a doctor, the Cigna Care Designation[1] symbol will appear next to those network doctors who practice in one of the specialties reviewed who meet certain quality and cost-efficiency measures.

1. Indicates doctors in 22 different medical specialties, who we've assessed for certain quality and cost measures.

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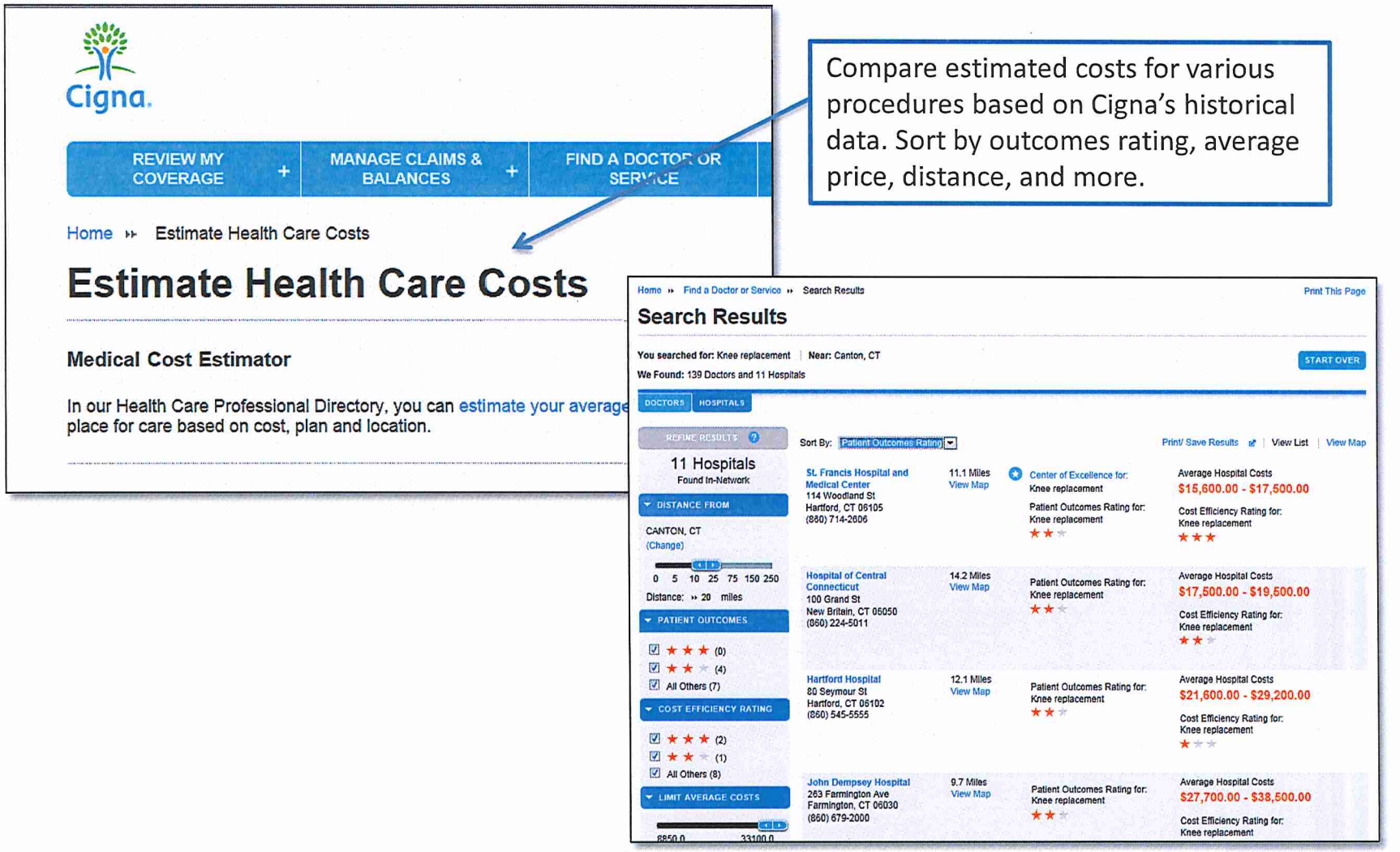
MEDICAL COST ESTIMATOR



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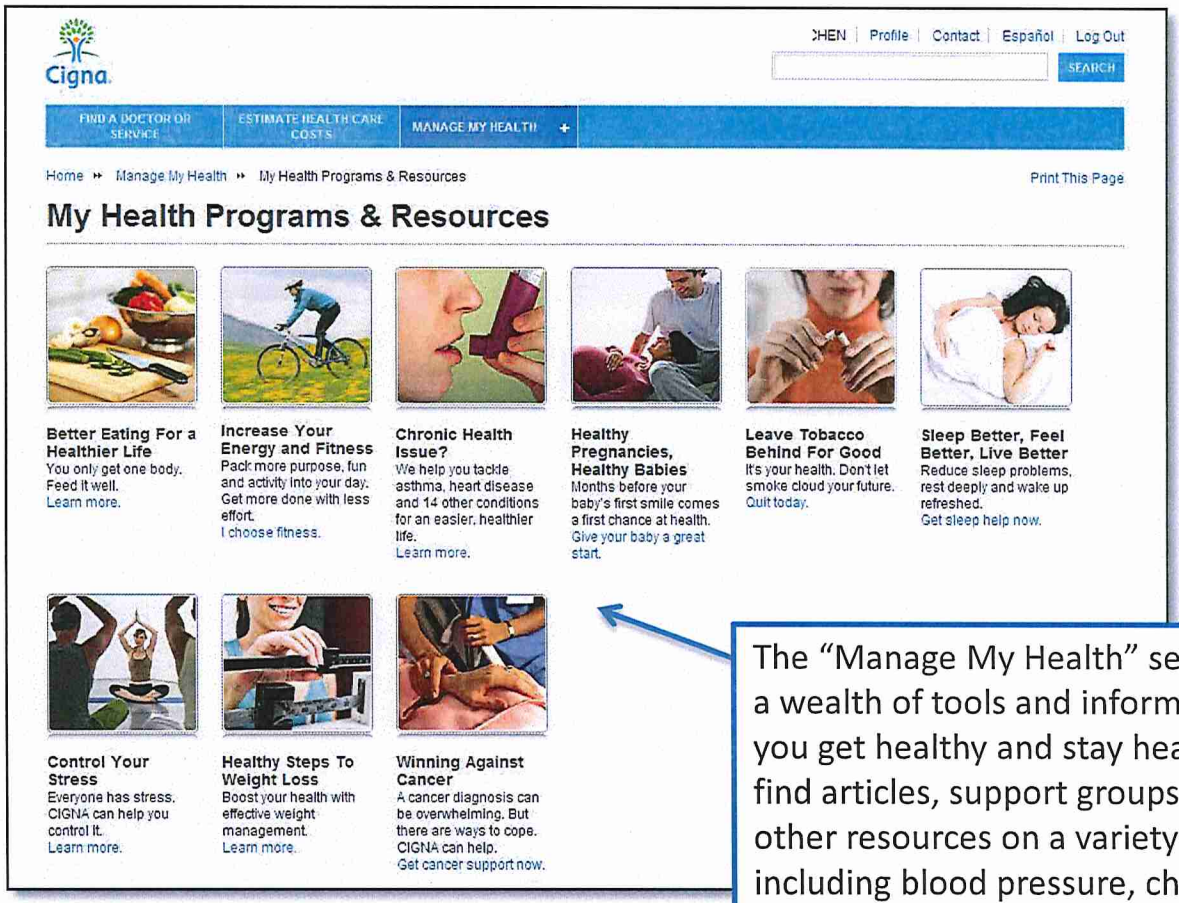
MANAGE YOUR HEALTH



The "Manage My Health" section includes a wealth of tools and information to help you get healthy and stay healthy. You'll find articles, support groups, advice, and other resources on a variety of topics including blood pressure, cholesterol, tobacco cessation, weight management, stress, and more.

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